



## 40<sup>th</sup> EDITION

### 2024 marks the 40th anniversary of the 25 km of Miquelon

#### - Race day is Saturday, June 29, 2024:

If you live in St.John's, you must leave no later than Friday, June 28, 2024. If you pass through Saint-Pierre, you can sleep there the day before, because the start of the race is set at 1:00 pm.

#### - Registrations:

They will start at the beginning of April and will be closed on Tuesday, June 18, 2024.

## THE RACE

### Practical information

#### - Distance:

25 km (Departure from the dune of Langlade, arrival in the village of Miquelon).

#### - Race start:

At 1:00 pm, at «Le Coin du Sable, in Langlade».

A tent will be made available to participants near the starting line.

If you have to go to Langlade from Miquelon, two bus departures are planned, in front of the Town Hall of Miquelon-Langlade, on the day of the event. These buses are exclusively reserved for participants who have subscribed to the "Bus" option at the time of registration:

- 1st departure: 10:30 am (local time)
- 2nd departure: 11:30 am (local time)



#### - Personal belongings:

A free service will be set up near the starting line, to transport the bags and personal belongings of the participants to Miquelon. Items will be collected at the "Maison des Loisirs" upon arrival.

#### - Supply points:

Every 5km.

#### - Duo Relay (2 x 12,5 km):

New since the 2021 edition, a «Duo Relay» option is proposed. The start will be done at the same time as the "Solo" race, with a mid-term change.

Registration for the relay is open to people aged 16 and over. Start at the same time as the race for the first runner of the duo (duos can be mixed). The second runner will wait at «La Mère Durand», at the exit of "Les Buttereaux", at kilometer 12.5.

A cloakroom will be installed at kilometer 12.5 for waiting.

### After the race

#### - The award ceremony:

Will be done from 6:00 pm, in the gym of the "Maison des Loisirs". A medal and diploma will be awarded to all participants and the top three in each category will receive a trophy.

#### - The « méchoui »:

Will take place in the marquee installed near the "Maison des Loisirs". Doors open at 7:00 pm.



- **Rates:**  
(check the corresponding option when registering online)

- **Race registration: 40 €**  
Registration allows you to participate in the race and includes the award ceremony (trophies, medals, etc.) and the entrance ticket to the after-party, with live music and food (the traditional "méchoui").

- **Bus from Miquelon to the start line: 10 €**

- **Bed in collective accommodation: 5 € (2 nights)**  
Shared accommodations is located in the gym of the "Maison des Loisirs". Cots are provided, but not bedding so please, bring your sleeping bags.

**TO COME TO MIQUELON**

**Maritime connections (direct Miquelon / Fortune and return)**

- **Travel by ferry: Fortune > Miquelon:**  
Departure from Fortune on Friday, June 28, 2024 at 2:00 pm (local time)

- **Travel by ferry: Miquelon > Fortune:**  
Departure from Miquelon on Sunday, June 30, 2024 at 5:00 pm (local time)

You must register online and present yourself one hour in advance with an identity document (The rates of these rotations are available on the SPM-Ferries website).  
<https://www.spm-ferries.fr/fr/home/>



- **Important information:**  
Booking ferry online is mandatory until 1 hour before each departure. In ticketing up to 30 minutes before inter-island departures and 1 hour for an international departure.

Boarding time: 15 minutes before departure from Saint-Pierre/ 30 minutes before departure from Fortune and Langlade.

Baggage must be labelled with your contact information before boarding. Booking a vehicle is not possible online. For further information, contact [info@spm-ferries.fr](mailto:info@spm-ferries.fr) or via the "CONTACT" tab of the SPM-Ferries website.

**Sea and air connections via Saint-Pierre**

- **You can travel to Miquelon from Fortune via Saint-Pierre:**  
All information about this is available on the spm-ferries website where you can also make your reservations.  
<https://www.spm-ferries.fr/fr/home/>

- **You can reach Miquelon via Saint-Pierre from St.John's:**  
All information on flight schedules is available on the Air Saint-Pierre website where you can also make your reservations.  
<http://airsaintpierre.com/fr/>

For flights between Saint-Pierre and Miquelon, whether you travel by air or by sea, all the information is available on the websites of the companies "Air Saint-Pierre" and "SPM-Ferries" where you can also make your reservations.